



SUPPORTING OUR SUPERKIDDOS DURING FIREWORKS

Many children with Autism Spectrum Disorder (ASD) have heightened sensitivity to loud noises and lights, making fireworks overwhelming.

Here's how to help:



PREPARE WITH SOCIAL STORIES

Use visuals to help your child anticipate when fireworks will happen.



SOUND-CANCELING HEADPHONES

Dampen the noise for a more comfortable experience.



HAVE AN ESCAPE PLAN

Be ready to move away from the noise if needed.



CREATE A CALM SPACE

Set up a quiet area with toys & activities to relax in.

By taking these proactive steps, you can make fireworks less stressful for your Superkiddo during fireworks displays! 💙

Together, we make it better!



@superkidsaba