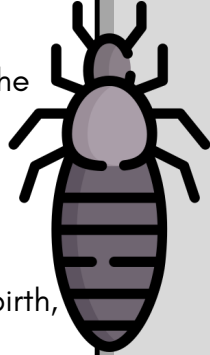


HEAD LICE

Information

What is...?

- It is an insect that lives as a parasite in mammals.
- It has an oval and thin body, without wings, a mouth with a tube that it uses to suck the blood that serves as food.
- They can occur in people of any sex, age and social class.
- They lodge mostly in the nape of the neck and behind the ears.
- They can be found as adults or in the form of nits (eggs).
- The nits are whitish-shiny in color and adhere to less than one centimeter from their birth, with a kind of "natural cement" that prevents their movement through the hair shaft.
- They are not able to fly or jump, but move skillfully through the hair using their six hooked legs.
- Generally, between 5 and 15 adult lice live on the head. The female is in charge of laying the eggs. If found in an ideal environment with proper humidity, these eggs hatch in seven days. After eight to fifteen more days we already have them converted into adult lice.



Symptoms

- Tingling sensation
- Sensation that something is moving in the hair
- Pimples and irritation on the scalp

THEREFORE, THE HAIR OF BOYS AND GIRLS SHOULD BE CHECKED DAILY IN SEARCH OF NITS (EGGS) OR ADULT LICE.

Transmission

- **By Direct contact:** that is, from one person to another, for example: playing, doing sports.
- **By indirect contact:** by sharing personal items such as combs, brushes, pillows.



HEAD LICE

Information

Treatment

- Specialists recommend combining the use of shampoo, lotions, and manual removal.
- To remove nits, a special comb is used.
- Some natural treatments that they recommend are:
 - Wash hair with vinegar
 - Essential oils like: lavender, eucalyptus or tea tree extract essential oil. Some of these substances are traditionally recognized as natural antiseptic or insecticidal remedies



At Super Kids

- In case of finding lice, the parents will be notified and informed so the child can get checked at home.
- SK informs the center's RBTs so they can check their own client as an additional measurement.
- In addition to the general cleaning that SK does every day at the end of the day, the classrooms and toys assigned to the child that was found with lice will be wash and disinfected (This includes any space/tools that the child used at the center).
- SK will keep monitoring each child at the center for the following 2 weeks to make sure no Eggs/Lice are found.

NOTE: If a client is found to have lice, they are not permitted to visit the center until the lice are completely removed.

Prevention

1. Check the head periodically for lice or nits (lice eggs).
2. Bathe daily.
3. Keep hair tied up.
4. Constantly disinfect combs and brushes.
5. Avoid lending personal items that are worn on the head (caps, scarves, etc.)
6. Towels, clothing, cloth toys, bedding, or any other object that has come into contact with the head of the person with lice should be washed in hot water for 10 minutes and dried for 30 minutes.
7. Items that cannot be washed should be stored in an airtight bag for at least 14 days or left at freezing temperature for one day to prevent the survival of lice.



Did you know...?

- A lice can live off the head for 24-48 hours.
- However, 50% of infected children complain of itching. This reveals that lice can grow without being disturbed.
- **Orange Cross Lice Removal** is a professional lice removal salon that offers a safe, organic, and toxin free service to achieve a lice free life for you and your family. Phone: (305) 301-9949.